

07.01.2025

**Dear Parents**

### **Greetings of the Day!**

We hope this message finds you well. Recently, there has been some discussion about human metapneumovirus (HMPV) in the community. While HMPV is a common respiratory virus, we want to provide clarity and reassurance to avoid unnecessary concern.

### **About HMPV**

- HMPV typically causes mild respiratory symptoms, similar to a cold or flu.
- It is most commonly seen in young children, older adults, or individuals with underlying health conditions.
- Symptoms may include cough, fever, nasal congestion, and, in rare cases, shortness of breath.

### **Preventive Measures at School**

At our school, we prioritize the health and safety of all students and staff. We are taking proactive measures, including:

- Regular cleaning and disinfection of classrooms and common areas.
- Encouraging proper hand hygiene among students and staff.
- Monitoring children for any symptoms of illness and notifying parents if needed and isolating to infirmary.

### **What You Can Do**

To help keep everyone safe, we kindly request your cooperation in:

- Ensuring your child stays home if they are unwell or exhibit symptoms such as fever, cough, or difficulty breathing.
- Encouraging frequent handwashing with soap and water for at least 20 seconds.
- Teaching children to cover their mouth and nose with their elbow or a tissue when coughing or sneezing.

### **No Need to Panic**

Please rest assured that HMPV, like many respiratory viruses, can be managed effectively with basic hygiene practices and timely medical attention if required. We are closely monitoring the situation and will keep you updated if any new information or guidance arises.

Thank you for your support and understanding. Together, we can ensure a healthy and safe environment for our children.

Thanks and Regards



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