



From the Principal's Desk



Don't worry!!! Be happy...

Ninety percent of the things that people worry about will never happen. Yet most of the people have a tendency to over think and make catastrophic predictions about events that may not occur in their lives. We are in a constant state of 'analysis paralysis' where our anxiety prevents us from finding a solution to a problem as we tend to over analyze the situation for a fear of taking a wrong decision. We have all been stuck in a cycle of what if's, plagued by indecision, paralyzed by the fear of getting wrong. It feels like something we are wired to do, something that we just can't escape. You can overcome negative thought patterns that are unhealthy and unhelpful, by replacing them with positive thought patterns. Worrying about problems that don't exist will only create stress while positive thoughts will bring peace, love and joy into our lives. To quote Shakespeare, 'there's nothing either good or bad, but thinking makes it so' Don't worry, you will be happy.

-Ms. Padmaja Anandgokul,
Principal





Editorial Committee:

Ms. Padmaja Anandgokul (Principal)

Ms. Farheen Nizam (Coordinator)

Quote of the month

***“Education is what you need
to lead a happy and
successful in life.”***

Education is a procedure that reviews a person critically. As per the history of our species, schools are very recent institutions which are evolving now in greater numbers. Education aids in bringing a better society and improves the economic growth of a county... proud to see Ryan given so many institutions to establish and ensure equitable development of our nation. Privileged to be a part of Ryan and which is a synonym for royal commitment

Article from Coordinator

Angry????!!!

Anger is a condition when your tongue works faster than your mind. A moment of patience in a moment of anger, saves a thousand moments of regret. Don't let your temper fly around owing to certain people around you. Rather than getting into arguments, avoid negative people and channelize your energy into meaningful things in life. Prefer silence over meaningless discussions... counting others sins does not make you a saint. Manage your anger!!!

Activities

Inauguration of the campus.

Our work is guided by our vision of giving Ryan school in each district of India and this is possible if power and possibility are not limited. We believe that our corner stones will enable us to give value to our vision.

A grand Inauguration of the campus was organized on 8th of June 2023' with Dignitaries, Dr Madam Grace Pinto, Ryan Pinto, Pastor Rev Johnson V and Arun Samuel being the guests of honour. The Principal and the staff took the oath to be committed in their work and follow the Ryan culture where ever they go and what ever they do. This possible through enabling multidisciplinary study with subject depth, focusing on analytical thinking, attention to life aspirations and flexibility in choice of subjects, implementation of Project-based, Team-based and Competency-based Learning methodologies, Transformation required in Teaching and learning... Ryan will ensure multidisciplinary and a holistic education across the sciences, social sciences, arts, humanities and sports for a multidisciplinary world in order to ensure the unity and integrity of all knowledge by 2023-24!!!

Assemblies at a glance

Day one assembly was conducted with teachers taking the lead.

Teachers replicated the students by saying that 'You don't have to see the whole staircase, just take the first step. Teachers conducted the assembly as per the flow and invoked Lord to be present all time with us and guide us towards success.



Class Activities

Team Kanakapura welcomed the children with the teachers collecting the children with broad smile and a selfie corner was set up to capture their first pose.

The day was filled with activities, starting from Activity room to dance room children enjoyed to the fullest.



Activities

HAPPY MUSIC DAY

Music has the power to calm our worries and boost our moods...

Though I'm an amateur singer, my heart dances to the beats of my favourite songs, enjoying every moment of my life... Said who??? Children of grades 1 to 5 participated in World Music day by sings their favourite songs depicting the above lines. It was as if to say 'May your lives too be filled with beautiful melodies in resonance with harmony!... May music bring you joy and peace in every step of your journey'.. They paid tributes to all the passionate and talented musicians who have enriched our lives with their creations!!!



International Yoga Day

Yoga is that Light, which, if you can light once; will Never get Dimmed, the more you Practice, the Brighter the Flame will be."

Yoga is a great practice for the body and the mind... It offers peace and mindfulness and helps us get through daily stress... Let's light up the flame of yoga... The better you practice, the brighter your flame...

The students of grade 1 and 2 practiced breathing exercises and learnt the importance of breathing exercises. They now are able to preach others as how yoga helps our respiratory organs and cleanses our intestines.

Grade 3 and 4 participated in Asana competition. Children displayed a few yoga asanas and attracted appreciation.

Mont 3 teacher Ms Lokeshwari demonstrated the yoga pose and helped children to pick up the postures.



CELEBRATIONS

Fathers' day

Dads every day question...WHAT ARE YOU PASSIONATE ABOUT?...

Believe in yourself, stay true to what makes you unique, trust your gut, and be willing to be a beginner every single morning... 'The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle!'

Never stop dreaming,

I'm not exaggerating ... I'm sure this is what every father says to his child. RIAK celebrated Fathers' day at the campus on 24th June 2023. Energetic fathers took part in the gathering and participated in the games organized by our teachers. It was a blessing to see the wide smiles on the faces of the children to see their fathers win in the competitions.

Fun games were organized to remove the week long stress on the fathers and to give them a little relaxation. Fathers enthusiastically participated in the games and had loads of fun.



STUDENT'S CORNER

When I think of my new school I get a glow on my face. I'm really happy that more than anything I'm learning the values which my other School was not particular about. The green Environment surrounding my school brings peace and glory. I like the school because the class rooms are really neat and tidy and spacious as well. I love the school colour, the uniform, and the numerous activities I take part in. Teachers are kind and friends are sweet. The surroundings and class are maintained well. The facilities given are really interesting. I get to do different and unique activities. I have asked my other school friends to join this school so that we can have fun and learn. My favorite sport is Football and I have a coach to train me.

- **Chris Paul,**
Grade 'V'





PARENT'S CORNER

I have been really impressed since the very first day, with the introduction given by the staff and their friendly nature throughout the admission process. The team has been extremely helpful and is full of positive energy. Love the fact that we were not made to wait for long. We've never had to worry about anything, all thanks to the school. Ever since the start, our daughter was full of smiles and energy. She enjoys her mathematics class most of all. We are happy about the spacious classrooms, clean washrooms, reasonably huge play area, and other facilities available. The school has given us various opportunities to nurture overall development of the child. The school has been supportive to identify her talent and thereafter providing the right guidance. I really appreciate the teachers, staff members and the school bus service team for taking care of all the kids extremely well.

- Priyanka Sarkar,
Mother of Ryka, Grade IV

Upcoming Events

- Doctor's day
- Earth day celebration
- Ryan sir's Birthday
- 15 Book Campaign Inaugurals
- Community service
- Green day
- National Tiger's day

