



## From the Principal's Desk

### **Importance of Examination-dispelling the Myths**

Examinations have been an integral part of the education system for centuries. They serve as a critical measure of a student's understanding, knowledge retention, and ability to apply what they've learned. However, over the years, several myths and misconceptions about exams have emerged. In this article, I aim to dispel these myths and shed light on the true importance of exams in education.

### **Myth 1: Exams Promote Stress and Anxiety**

One common misconception is that exams are solely responsible for the stress and anxiety experienced by students. While it's true that exams can be stressful, they also offer an opportunity for students to learn valuable skills in managing stress and time effectively. These skills are essential for success in both academia and life beyond school.

### **Myth 2: Exams Promote Rote Learning**

Exams are often criticized for encouraging rote memorization. However, well-designed exams assess not only memorization but also a student's ability to analyze, synthesize, and apply knowledge. They encourage critical thinking and problem-solving, skills that are crucial in today's complex world.

### **Myth 3: Exams Don't Reflect Real-World Situations**

Critics argue that exams are artificial and do not mirror real-world situations. In reality, exams simulate scenarios where individuals must demonstrate their knowledge and skills under pressure, a skill required in various professions. Moreover, they serve as a stepping stone for future challenges, including job interviews and professional certifications.

### **Myth 4: Exams Only Benefit High Achievers**

Exams are not just about separating high achievers from low achievers. They help identify areas where students may need additional support and provide a benchmark for improvement. Every student, regardless of their current level, can benefit from exams by setting goals and tracking progress.

### **Myth 5: Exams Limit Creativity**

Another misconception is that exams stifle creativity. While exams may focus on specific content, they also evaluate a student's ability to express themselves clearly and coherently, which is an essential aspect of creativity. Furthermore, creativity can be fostered in other aspects of education, such as projects and presentations.

### **Myth 6: Exams are the Sole Measure of Intelligence**

Exams are just one measure of intelligence and potential. They should be seen as a part of the holistic evaluation process that includes classroom participation, assignments, projects, and extracurricular activities. Each of these elements contributes to a more comprehensive understanding of a student's abilities.

In conclusion, exams, when approached with the right mindset and understanding, play a vital role in education. They help students develop essential life skills, assess their progress, and prepare them for future challenges. It is essential to dispel the myths surrounding exams and view them as valuable tools in the pursuit of knowledge and personal growth.

As educators, parents, and students, let us work together to embrace exams as an opportunity for growth and development rather than fear them. By doing so, we can ensure that exams continue to serve as a meaningful and relevant component of our educational journey.

- **Ms. Sonika Kochhar Girotra,**  
Principal RIAH

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### **Quote of the month**

*"The secret of your success is determined by your hard work and unwavering focus on your goals."*

This quote means that if you work hard and stay focused on what you want to achieve, that's the key to being successful. Your success depends on your effort and determination.

# Coordinator Speak



## Preparing for Exams with a Free Spirit

Exams are more than just a series of questions and answers. They reflect our journey through the vast landscapes of knowledge and understanding. Instead of seeing them as ominous hurdles, it is time to shift our perspective and embrace them as gateways to personal growth. By adopting a free-spirited approach to learning, we allow ourselves to be open, adaptable, and resilient. Few tips that aid us prepare for any examination:

- Set Realistic Goals
- Adopt a Growth Mindset
- Explore Different Learning Methods
- Embrace Mistakes as Learning Opportunities
- Stay Curious and Ask Questions
- Prioritize Self-Care

Exams, in the grand scheme, are just milestones in our continuous quest for knowledge. When we approach them with a liberated, free-spirited attitude, they transform from daunting mountains to exhilarating challenges. They cease to be verdicts on our worth and become reflections of our journey. So, as you prepare, remember that it is not just about the destination, but also the beautiful, winding path of learning and self-discovery. Your true essence lies not in the grades you achieve but, in the wisdom, you gather and the person you become along the way.

**- Ms. Kirti Ranjan,  
Academic Coordinator – RIAH**

# Activities

## Teacher's Day

Teachers' Day is a special occasion for students across the country to express their gratitude and respect to their teachers. This day at RIAH was a special occasion to express our gratitude and love towards the dedicated teachers who shape the young minds of our pre-primary students. At RIAH we believe in celebrating this day with enthusiasm and warmth. It was a day full of happiness, love and gratitude, making it a cherished tradition in our school. The day started with a special morning assembly, where our little ones presented heart-touching songs, dances, Sanskrit shlokas and poems in honour of their beloved teachers. Their innocent smile and heartfelt gestures made this meeting truly memorable. In the spirit of creativity, our students created handmade cards and small gifts for their teachers. These personal gestures of appreciation were filled with love and gratitude, making each teacher feel appreciated. The highlight of the day was the Teacher Appreciation Ceremony, where the Principal and the school administration together honored our teachers with beautiful badges and photo frames.



## National Nutrition Week

World Nutrition Day is an important occasion, which emphasizes that what we eat is as important as the food itself. Despite our education, many of us lack adequate knowledge about nutrition and healthy eating. We all know that nutrition plays a very important role in our lives right from the birth of the child in the womb and it continues even after birth. National Nutrition Week encourages proper diet and intake of nutrients for humans. Our well-being is related to our eating habits and it should be of utmost concern to everyone. The objective of National Nutrition Week at RIAH was to create awareness among the students for proper consumption of balanced diet. A lively show and tell competition was organized in which our students actively participated and learned about developing good habits and maintaining a balanced diet.



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### World First Aid Day

#### Empowering Lifesavers of Tomorrow

World First Aid Day, celebrated annually on the second Saturday of September, reminds us of the critical role that first aid plays in saving lives. It is a day to recognize the importance of basic first aid knowledge and skills in our communities and beyond. First aid is about providing immediate care until professional help arrives. It can make a world of difference in emergencies like accidents, injuries, or sudden illnesses. World First Aid Day serves as a reminder that each one of us can be a hero. On this day during a special assembly our teachers apprised the students about life saving skills, boosted their confidence and inculcated a sense of responsibility for themselves and their community.



### Hindi Diwas

Hindi Diwas is not just a celebration of a language; it's a celebration of India's diverse cultural tapestry, national unity, and the importance of linguistic exclusivity. It serves as a reminder of the role language plays in shaping a nation's identity and heritage. Hindi is widely used as a medium of instruction and communication in various parts of India. Recognizing its importance on Hindi Diwas underscores its role in facilitating education and effective communication. To mark this occasion, Ryan International Academy Hinjawadi celebrated Hindi Diwas with great enthusiasm on 14th September. Our students of pre-primary participated in the story telling competition in which they narrated many short stories and incidents related to moral education. Teachers also made the students aware about the use of Hindi language and its importance.



### International Day of Peace

The International Day of Peace, observed annually on 21st September, was established by the United Nations to promote global peace and encourage individuals and nations to work towards a more peaceful world. It's a day when people all over the



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globe come together to envision a world without violence and to pledge their commitment to peace. Peaceful societies provide a nurturing environment for education, creativity, and economic growth. It's a foundation for progress. On this day our little Ryanites participated in different activities like Slogan Speaking Competition and Fingerprint Dove making group activity. Teachers encouraged students to carry the message of peace in their hearts and spread this message around the world to contribute to a brighter and more harmonious future.



## Star of the Week

At RIAH, we believe in celebrating the uniqueness of each child. Our "Star of the Week" program is designed to create a supportive and encouraging environment, where every child gets a chance to shine. This initiative not only boosts their

self-esteem but also involves parents in their child's school life. Every Friday, the excitement in the air is palpable as we announce our "Chosen One" for the week. It's a moment of utmost joy for our students. Our parents are equally enthusiastic about participating in the classroom. They've brought a world of activities to share with our students. Here are some of the fantastic activities our parents have conducted: 1) Balloon Challenge: One of our montessori 3 parents organized a thrilling balloon activity. The students toss a balloon in the air and must pick up pencils one by one before the balloon falls back to the ground. It's a test of dexterity and quick thinking.

2) "Who is This?" Game: In this game, one student stands with his eyes shut, and another student touches him. The challenge is for the student whose eyes are closed to identify who touched them. This game fosters trust and observation skills among our young learners.

3) Creative Workshops: Our parents have also led sessions in dance, yoga, story-telling, and various craft activities. These hands-on experiences not only bring joy but also enhance social skills and self-expression among our students.

The "Star of the Week" program continues to contribute to a positive and joyful learning environment in class. We look forward to more exciting activities and the growth of our students' self-esteem and social skills.

## General Awareness Academic Activities- Mont 2

Montessori classroom places an emphasis on hands-on learning and developing real-world skills. It emphasizes independence and allows children to experience the real-world scenario. Means of Transportation - was one of the topics that was introduced to the students of mont 2. The aim was to help children identify and differentiate between the different modes of transportation. Once the learners were introduced to the different vehicle flashcards allowing them to visually differentiate between them the learners were also informed about the route the vehicles take -

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The students presented a show and tell activity for their favourite vehicle talking about its colour, type and the category it is part of. The Montessori 2 children also prepared a collage and a model depicting different modes of transportation.

### Rising Stars at RIAH

Quality Circle Time We trust this newsletter finds you well and filled with excitement for the latest updates from our cherished institution. At RIAH, we are committed to nurturing young minds and providing them with a holistic learning experience that prepares them to shine brightly in the world. One of the ways we achieve this is through our routine practice of Quality Circle Time (QCT). Quality Circle Time is a unique and effective approach to education that empowers our students to become the best versions of themselves. This engaging initiative involves students sitting in a circle, led by a teacher, to participate in various activities designed to enhance their vocational and linguistic development. We believe that a strong foundation in learning is essential, and QCT plays a pivotal role in achieving this. In RIAH, this month, Montessori students explored a variety of engaging topics that ignited their curiosity and creativity.

In Montessori 1, young learners delved into the world of animals, sharing their favorites and even expressing their desire to welcome one into their homes as a beloved pet. The classroom was filled with enthusiasm as they discussed their cherished toys, leading to contagious laughter and shared memories. Additionally, their preferences for stickers and colors provided valuable insights into their unique personalities.

Montessori 2 offered students an open platform to express their excitement for the upcoming Ganesh festival. They also had the opportunity to share their favorite sports and dream travel destinations, offering a glimpse into their dreams and aspirations.

Montessori 3, meanwhile, focused on nurturing the moral values of our students. Topics such as kindness, daily routines, and health and hygiene were thoughtfully discussed to instill important life lessons. Looking ahead, the forthcoming session will revolve around a summary of their experiences during the Ganesh festival, offering a chance to reflect on how they celebrated this special occasion.

## Special Assembly

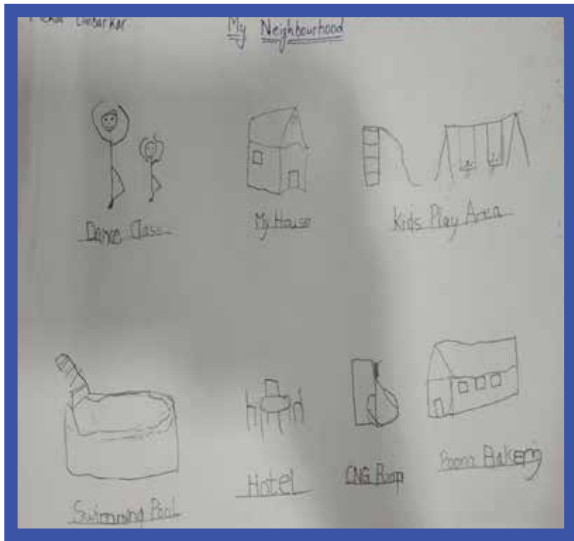
### World first Aid Day – Mont 3

A school assembly's primary goal is to foster children's proper growth and development and, thus, should be more than just a continuous chain of speeches or announcements. Appreciation in the form of applause from their peers in the school assembly boosts a child's confidence no matter how they perform. Special assembly was conducted on 'World First Aid Day'. Anybody can save a life and one doesn't have to be a doctor to do this. To convey this message to students, a special assembly video on the day was shown to kids and students were informed about the contents in a first aid kit. Few of the items of the first Aid kit was shown to the kids and how to use it. At the end, a message was conveyed to the students to stay safe.





# STUDENT'S CORNER



- Ms. Mehar Umbarkar,  
Student of Mont II 'B'

